



Chabad The Heart
of Jewish
Student Life
at Binghamton

PROGRAM GUIDE

CHABAD CENTER FOR JEWISH STUDENT LIFE
Binghamton University

Spring 2009

CHABAD CENTER FOR JEWISH STUDENT LIFE AT BU

Chabad
at Binghamton

The Heart
of Jewish
Student Life

420 Murray Hill Rd. Vestal, NY 13850
607.797.0015
www.JewishBU.com

Rabbi Aaron and Rivkah Slonim

Directors

aslonim@chabadofbinghamton.com • rslonim@chabadofbinghamton.com

Rabbi Dan and Yael Lewin

Chabad off Campus and Education

Rabbilewin@yahoo.com • yaellewin@yahoo.com

Rabbi Levi and Hadasa Slonim

Programming and Development

lslonim@chabadofbinghamton.com • hslonim@chabadofbinghamton.com

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*In formation

Chabad Center for Jewish Student Life at BU • (607) 797-0015 • www.JewishBU.com

SHABBAT

Turn your **FRIDAY NIGHT** into

SHABBAT



at Chabad House

Join hundreds of Students for Services,
a Free full-course home-cooked dinner,
songs, friendships and laughs.

EVERY FRIDAY NIGHT 6:00 PM

*Check out our
after dinner
Sumptuous Dessert Buffet*

It's the place to be!

SHABBAT SERVICES

Begin 9:30am
(don't worry, we have
rolling admission)
followed by lunch
at 12:00pm and Mincha.

SEUDAH SHLISHIT

(90 minutes before Shabbat ends)
Followed by Maariv &
Havdallah

PRAYER

Become a Minyanaire

PRAYER IN THE AM



Begin your day with Davening (prayer) from the heart in a warm, comfortable environment. SERVICES BEGIN 7:30AM MONDAY-FRIDAY, AND 9:30AM ON SUNDAYS. Enjoy a cereal breakfast after services.

CLIMBING THE LADDER TO HEAVEN



We read the words in the prayer book every time we go to shul/synagogue, but are often left wondering - what is this all about, why pray? In this series on Jewish prayer you will glean insights that are guaranteed to make your next experience in shul more lively and meaningful.

Contact Rabbi Lewin at rabbilewin@yahoo.com if you are interested in joining this class.

JUST FOR FUN

Kosher Pizza/Café in BINGHAMTON???

Yes! And it's delicious too!



**Tues.
Nite Café
coming soon!**

Plus fries, salad, fresh soups, cold drinks
and a large variety of toppings.

EVERY MONDAY AND THURSDAY EVENING 5:30-7:30pm

IN THE CHABAD HOUSE CAFE

FOR SPECIAL ORDERS call before 4pm to place your order 797-0015.

LET'S PLAY BALL!



**Did you know that in
Fall '08 Chabad's Hockey team
went undefeated and won
the championship?**

Join Chabad's winning Intramural sports
teams for the 5X5 Basketball team or if you are interested in a different sport

Contact Abe Mizrahi [347-387-1669](tel:347-387-1669) or faaymizamiz@aol.com

For the Indoor Soccer or Soft Ball teams contact Elliot Zenilman
[516-650-4623](tel:516-650-4623) or ezenilm1@binghamton.edu

FOOD FOR FUN

DO YOU KNEAD A BREAK?

Come mix, knead, shape
and bake the world's most delicious Challah.
White flour and Whole Wheat variations!
WEDNESDAY, FEB. 11 – 7:30PM
TUESDAY, APRIL 21 – 7:30PM
In the Chabad Kitchen
\$2 charge
RSVP to hslonim@chabadofbinghamton.com



THE CHABAD HOUSE CAFÉ



IT'S HOT, IT'S COOL, IT'S FUN!
Delicious pastries and flavored
coffees, great fun, fantastic
ambiance
THURSDAY, FEB. 26 – 8PM
MONDAY, MARCH 23 – 8PM

THE GREAT DESSERT COMPETITION IS ON!

Come bake or prepare your
dessert submission
THURSDAY APRIL 23 AT 8PM
All desserts will be served at
Friday night's dessert buffet
But only one person will walk
away with the Dessert King or
Queen title!

If you wish to compete contact Jacquie
Boroda at jboroda1@binghamton.edu



TRIPS FOR FUN

Join us for
**CHABAD'S
SECOND ANNUAL**

SKI TRIP

At Greek Peak

SUNDAY, FEBRUARY 8

**TRIP OFFERS AN
INCREDIBLE DAY OF FUN**

At incredible price packages:

- **FOR EXPERIENCED SKIERS AND SNOWBOARDERS**
(bring your own skis or snow board to save cost of rental or rent them)
- **FOR THOSE WHO HAVE NEVER SKIED BEFORE AND WANT TO LEARN**
- **FOR THOSE WHO WANT TO ENJOY TUBING**

Space is limited, first come firstserved.
Your reservation will be secured with a non-refundable deposit.

E-mail: sokool8@gmail.com
for complete details.

Bus leaves campus at 11 am

**SPECIAL GROUP
RATES AND FREE
TRANSPORTATION!**

SPORTS FOR FUN

Take me
out to the
Ball Game



BINGHAMTON METS BASEBALL GAME

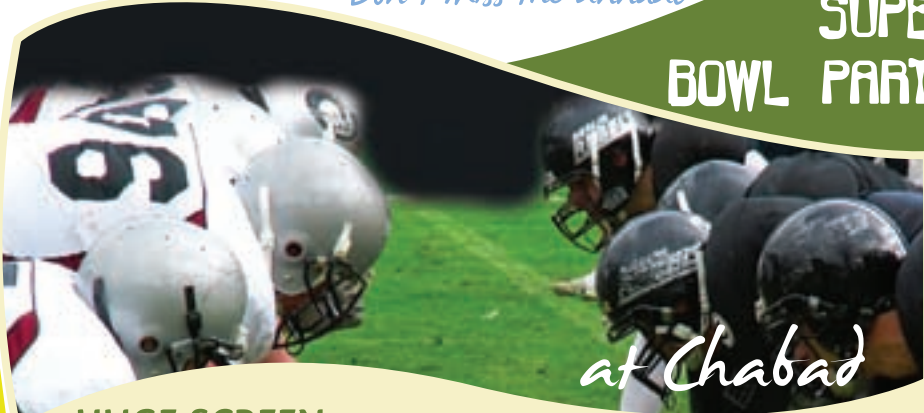
APRIL 19TH game starts at 1:05
only \$5 for Box tickets

Watch the Rabbi throw out the first pitch!

To reserve your tickets write to Elliot at ezenilm1@binghamton.edu.

Don't miss the annual

**SUPER
BOWL PARTY**



HUGE SCREEN

The Super Bowl Special from Dougie's in NY

FEBRUARY 1, 5:30 PM

\$10, Reservations will be accepted until Jan. 30 only

Reserve to aslonim@chabadofbinghamton.com

CRAFTS FOR FUN

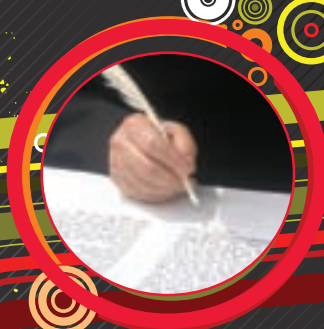
JUDAICA CRAFTS FESTIVAL

SUNDAY FEB. 22 2-4:30PM

FEATURING A KALEIDOSCOPE OF
FUN WORKSHOPS

Witness how:
TEFILLIN, MEZUZAHS and a TORAH
SCROLL are fashioned,
and a TALLIT is woven.

Make your own:
TZITZIT, MEZUZAH COVER,
HAVDALLAH CANDLE, YARMULKA,
and much much more!



PLUS JEWISH BOOK SALE
AND MUCH, MUCH MORE!

MAKE A DIFFERENCE

SICK ON FRIDAY NIGHT?

We will deliver a TLC package to your room or apt, contact Eli

The Dr. Barry J. Raff
**MAASIM TOVIM
FOUNDATION**



Join Chabad's newly expanded Mitzvah Corp and experience the joy of bringing cheer and assistance to others.

Each week volunteers will visit Jewish patients in area hospitals, residents in adult care facilities and shut-ins. Volunteers will also make special pre-holiday visitations.

If you are interested in volunteering please contact Eli Zazon, coordinator at ezazon1 @binghamton.edu.

COOKING IS FUN!



Come on over and help cook for Shabbat and holidays, prepare salads and such for a few hundred hungry BU students and meet some really cool and committed people.

**EVERY THURSDAY
AFTERNOON/EVENING**

Please call 797-0015 to volunteer or just show up in the Chabad kitchen.

MAKE A DIFFERENCE

Girls! Don't miss this fabulous event

Fashion Show

Sunday, March 15, 2pm

Susquahanna Room

- Great raffle prizes
- Jewelry and accessories kiosks
- food and fun

Plus breast cancer awareness educational information and free breast exams

All proceeds from the program will benefit SHARSHERET, a nationwide nonprofit organization to help women battling breast cancer.

Co sponsored with Sigma Delta Tau and Alpha Phi



COOKING FOR FUN

HAMANTASHEN RUGELACH BAKE OFF

TUESDAY, MARCH 3

7:30PM

at Chabad

Rsvp to

hslonim@

chabadofbinghamton.com

\$2 charge



KOSHER COOKING CLASSES WITH YAEL



TUESDAY, FEB. 10 AT 8PM

Mediterranean Salads

MONDAY, FEB. 23, 8PM

Best Ever Chicken Dishes

MONDAY, MARCH 2, 8PM

Fancy but Easy Desserts

RSVP to yaellewin@yahoo.com

\$3.50 per class

To enter the competition please contact Sara kagel or Ilana Parker or write rslonim@chabadofbinghamton.com

Come vote for this year's Cholent king or Queen on **SHABBAT, MAY 2**

THE FIRST ANNUAL GREAT CHOLENT COOK-OFF!



SPECIAL SHABBATONS

A PATH OF TWISTS AND TURNS



Hear **Yaakov Parisi**,
an ex Evangelical Preacher tell his poignant,
surprising and humorous story of conversion to Judaism.

FRIDAY-SAT., MARCH 13-14

SURVIVING THE INFERNO



Listening to the heart stopping story of
Mr. Shmuel Slagter, who survived the Holocaust as a child hidden in a
monastery for three years.

FRIDAY, APRIL 24

JUST FOR WOMEN

The Chodesh Circle

Join BU's Jewish women's group for programming that is fun, innovative and stimulating, not to mention delicious.

TUESDAY, FEB. 24, 7PM

In the spirit of PURIM get ready to feel as beautiful as Queen Esther. Enjoy EDIBLE FACIALS and SOOTHING MASSAGES and sooo much fun with famous Masseuse Tony Grekin



**ROSH CHODESH
ADAR**

**ROSH CHODESH
NISSAN**



WEDNESDAY, MARCH 25, 7PM

Enjoy a fascinating presentation and no holds barred Q & A on THE MYSTERY OF THE WOMAN'S BODY with celebrated midwife, Elaine Rosenwach.

THURSDAY, APRIL 23 8PM

Enter the GREAT DESSERT BAKE OFF or help one of the contestants at this hot competition (Guys will be at this program as well). All sweets and confections will be served at the Shabbat dessert buffet and voted upon there. See page 6 for details.



**ROSH CHODESH
IYAR**

PURIM



PURIM CARNIVAL

**MONDAY, MARCH 9
8:00 PM- EAST GYM**

- **GREAT GAMES**
- **OUTRAGEOUS RIDES & ATTRACTIONS**
- **FABULOUS FOOD**
- **THE POPULAR
BATTLE OF THE BANDS**

Plus:

Hot Dog Eating Contest!
Cream Pie Eating contest!
Prizes for best costumes!
Free Hamantashen 'til you bust.

CHABAD CENTER FOR JEWISH STUDENT LIFE AT BU • (607) 797-0015 • WWW.JEWISHBU.COM

PURIM

Purimania at Binghamton!

Enjoy a feast to make Achashveirosh envious

MARCH 10, 6PM

Kosher Chinese Dinner brought up from NY
Music, Dancing, Magic and loads of fun.

\$10 student. Reservations are absolutely necessary and will be accepted on a first come, first served basis.

Reserve to aslonim@chabadofbinghamton.com



PURIM FEAST

MEGILLAH READINGS



PURIM DAY, MARCH 10

Hear the whole megilla at these times and locations:

7:30AM at Chabad Center

12:30PM On campus location

5:00PM at Chabad Center

Don't miss out on the chance to send your friends love and good cheer by giving them **MISHLOACH MANOT** through CHABAD'S UNITED PURIM SERVICE. We do all the work for you and deliver off and on campus. Stop by at the Chabad table for the week before Purim to place your order.



UNITED PURIM SERVICE

HOLIDAY FUN

TU' B'SHVAT FUN FEST



MONDAY, FEBRUARY 9, 7PM

Enjoy a cornucopia of great fruits, nuts, cakes and insights at the **SEDER**, try your green thumb with a **PLANTING** for your dorm room, and create a great looking edible **CENTERPIECE**.

LAG B'OMER



End the year with a bang
at the Lag B'omer BBQ and Bon Fire
TUESDAY, MAY 12 BEGINNING 7:30PM
At Sinisi Park on campus (near Susquehanna)
Great food, music, games and fun

PASSOVER

PASSOVER



When you come back from Spring Break we'll be waiting for you with holiday meals

TUESDAY, APRIL 14, 7:30PM FOLLOWED BY DINNER

WED. APRIL 15, 9:30AM FOLLOWED BY LUNCH

WED. APRIL 15, 8PM FOLLOWED BY DINNER

THURSDAY, APRIL 16 9:30AM FOLLOWED BY LUNCH

SEUDAT MOSHIACH THURSDAY, APRIL 16, 6:45PM

POST PESACH BAGEL BUST



Sink your teeth into some delicious Chametz! Enjoy bagels, shmears, pancakes and omelets

APRIL 16 STARTING 10:30PM

SHABBAT 1500

FRIDAY, MARCH 27, 6PM
East Gym, Binghamton University

SHABBAT 1500

*Do something really special.
Celebrate Shabbat with 1500 of your closest friends!
This year bigger and better than ever!*

Fifteen hundred Jewish students will come together to celebrate Shabbat with free delicious food and great fun.
Come and bring your friends to an event you don't want to miss.

For more information, call 797-0015

Co-Sponsored by Hillel, the Jewish Heritage Program and a special grant from the Elaine Heumann Memorial Foundation.



A Chabad on Campus National initiative

CHABAD HOUSE • 420 Murray Hill Road • (607) 797-0015 • www.JewishBU.com

FOR OUR GRADUATES

SAY GOOD-BYE IN STYLE

At the Elegant
wine and Cheese Reception
for our Graduates
(and their special guests)

WEDNESDAY, MAY 13, 7PM



GRADUATION WEEKEND



Chabad House will host services and
dinner for our graduates and their families
FRIDAY, MAY 15

Services begin 7pm, followed by dinner

SHABBAT, MAY 16

Services begin 9:30am
followed by lunch and mincha
Seudat Shlishit 7:30pm
followed by Maariv and Havdallah

Please reserve for meals by writing
aslonim@chabadofbinghamton.com

Chabad House invites
graduates and their
families and friends to
an OPEN HOUSE BRUNCH
SUNDAY, MAY 17
10AM-3PM

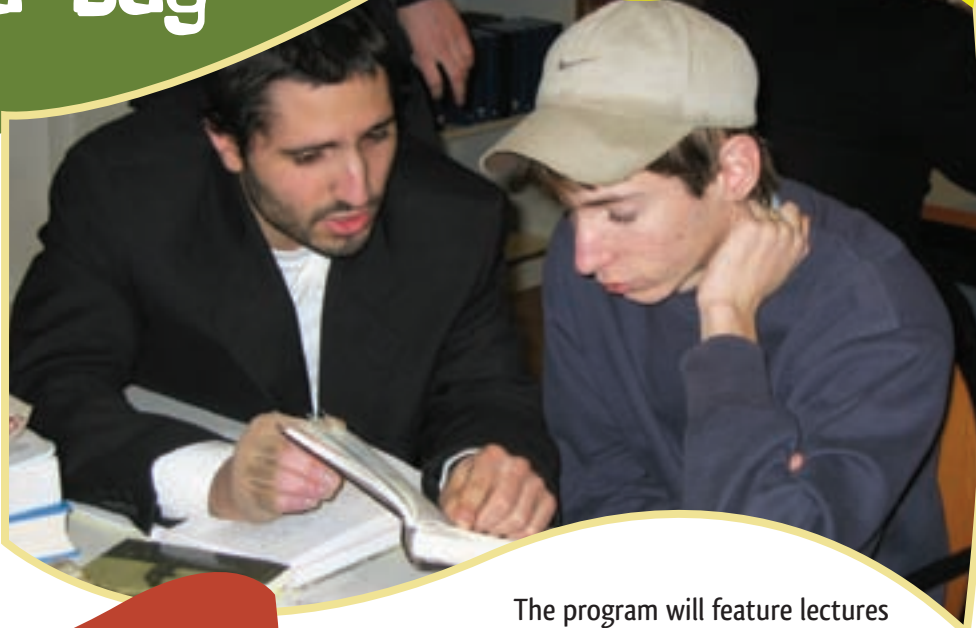
GRADUATION DAY



Yeshiva for a Day

Guys

This is your chance to experience Torah Learning the way it was meant to be



SUNDAY, APRIL 26

The program will feature lectures and interactive text-based chevrotah, peer study, sessions with Yeshiva students and instructors from Brooklyn, NY.

Yeshiva for a Day is geared towards all serious, open-minded Jewish men. Those with extensive Judaic background as well as those with no previous experience will be intrigued and benefit from this multi-level presentation.

YESHIVA FOR A DAY SCHEDULE:

Lunch : 1-2pm

Session I: 2-4pm

Coffee Break : 4-4:30pm

Session II: 4:30-6:30pm

Dinner 6:30-7:30m

Participants are welcome to join for part or all of the program.

TORAH CLASSES

A review of the weekly Torah portion with in-depth insights and discussion while eating the best slice in town!

No previous experience in Jewish studies necessary.

MONDAYS, 6PM

PIZZA AND PARASHA



LUNCH AND LEARN



Join us for a lively discussion on current events and ethical questions such as : the significance of dreams; do we believe in “good luck”?; the difference between black and white lies; Cloning and other medical dilemmas, and much more.

No previous experience in Jewish studies necessary.

EVERY TUESDAY AT 12 PM
In The Kosher Kitchen U.U.

ADVANCED TALMUD

This in-depth course will take you into the heart and mind of Jewish scholarship. **THURSDAYS, 8PM**

BEGINNER'S TALMUD

For those who always wanted to take the plunge into the Sea of Talmud it doesn't have to be sink or swim. Come learn the basics in a non-threatening class just for you!

Contact Rabbi Lewin
at Rabbilewin@yahoo.com
if you are interested in joining.

TALMUD



JEWISH PSYCHOLOGY AND RELATIONSHIPS



A four part series exploring the Torah's view on real life dilemmas. Making the right sacrifices, staying committed, and being happy is one of the most difficult tasks we face daily. This series discusses the four integral methods of uniting our values, our mind, our emotions, and our actions.

TUESDAYS, 7:30PM

FEB. 10,17 &24, MARCH 3

CREATE YOUR OWN CLASS



Is there something you wish to study you don't see listed in this guide?

Contact Rabbilewin@yahoo.com and he will be happy to tailor make a class to suit your tastes

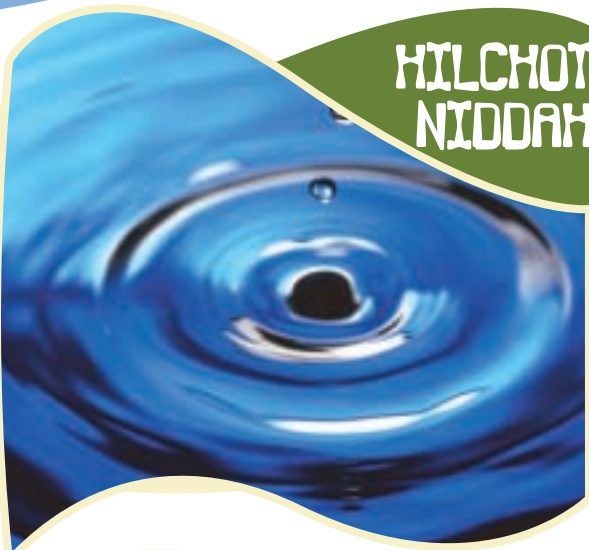
TORAH CLASSES

HILCHOT NIDDAH

A class on the Laws of Jewish marital intimacy for the serious female collegiate. Take this class and think about love, sex and marriage in a whole new way!

WEDNESDAYS, 8:00PM
BEGINNING FEBRUARY 18

To register for this class write
rslonim@chabadofbinghamton.com



CLOTHES MAKE THE WOMAN?



Join us for a text based discussion on Hilchot Tzniut (the laws of modest dress).

For women only.

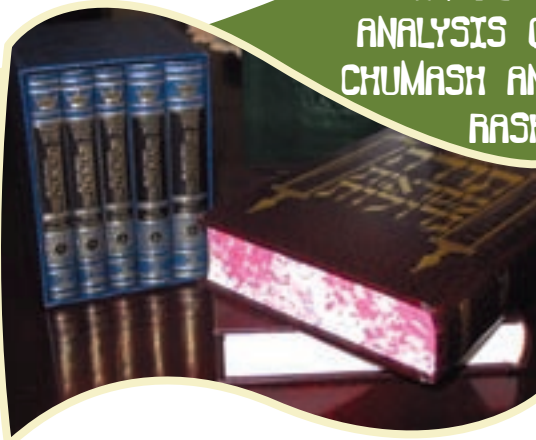
Shabbat afternoons
after Mincha

Contact
rslonim@chabadofbinghamton.com
to join.

IN DEPTH ANALYSIS OF CHUMASH AND RASHI

Experience a whole new level of analysis and study using the Lubavitcher Rebbe's Sichos on the weekly Parasha. Appropriate for advanced students.

To register contact Rivky at
rslonim@chabadofbinghamton.com



TORAH CLASSES

SUPPER WITH SOUL!

Make your study date a dinner date too; feed your mind and body at the **BEIT MIDRASH- STUDY HALL**. Explore any facet of Judaism with a partner - discover the joy of Chevruta style learning. Bring your own partner or let us find you someone for you to study with. Let us know what you want to study or let us help you find a compelling text. Nobody knows too little or too much to benefit from Beit Midrash.

Join in this unique peer study opportunity!

WEDNESDAYS, 7PM DINNER
7:30-8:30PM CHEVRUTAH STUDY

In the Chabad Great Room
A delicious, light dinner will be served to Beit Midrash participants.
Please rsvp: (607) 797-0015
or rabbilewin@yahoo.com



HAVE YOU ALWAYS WANTED TO LEARN HOW TO READ HEBREW?
Now you can, with our acclaimed Hebrew Reading Crash Course

Contact Rabbi Lewin at rabbilewin@yahoo.com if you are interested in joining.

HEBREW READING CRASH COURSE



CHABAD Off Campus

*Do You Live On
The West Side?*



SERVICES
BEGIN AT 6:30PM
DINNER AT 7PM

JOIN US FOR
SHABBAT
LUNCH AT 1PM

Join us for warm Shabbat services and a delicious, home cooked, full course dinner each Friday at the Chabad House in your neighborhood At 27 Bennet Ave. (between Millard and Laurel)

Contact Rabbi Dan and Mrs. Yael Lewin, directors by calling (607) 722-3252 or rabbilewin@Yahoo.com

PLUS
Check Out Our Special Themed Shabbat Dinners:

FRENCH GOURMET SHABBAT
FEBRUARY 27

GREEK SHABBAT
MARCH 20

For fraternities, sororities and everyone else who wants to enjoy traditional Greek food

CHABAD OFF CAMPUS

Check out these great events

Join us on
FEBRUARY 7, 8PM
for Havdallah, Chocolate
Fondue and a provocative
discussion on
LOVE AND RELATIONSHIPS



**TURNING
SWEET DREAMS
INTO A SWEET
LIFE**

**HAMENTASHEN
BAKE OFF**



Come bake these delicious cookies; take home a bunch and enjoy the sweet satisfaction of knowing that some will be delivered before Purim to residents in nursing homes and patients in the hospitals through the Barry Raff Maasim Tovim Foundation.

SUNDAY, MARCH 8, 7:30PM

\$2 charge

Tell Yael you're coming at
yallewin@yahoo.com

**MONDAY, MARCH 16
AT 7:30PM**

Come on over and bake the world's most delicious bread with Yael and spread some cheer by participating in Loaves for Love. Some of the Challah we make will be delivered to residents in Nursing Homes and patients in hospitals by the Barry Raff Maasim Tovim Foundation.



**CHALLAH
BAKING**

NON PROFIT ORG.
U.S. POSTAGE
PAID
BINGHAMTON, NY
PERMIT # 157



The Heart
of Jewish
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Chabad
at Binghamton

CHABAD CENTER
FOR JEWISH STUDENT LIFE
420 Murray Hill Rd.
Vestal, NY 13850



For more information
please contact the
**CHABAD CENTER
FOR JEWISH STUDENT LIFE**
(607) 797-0015
aslonim@chabadofbinghamton.com
or visit our website at
www.JewishBU.com

*Come home... to Chabad.
Where every Jew is family.*